



Mantua Elementary School Kids Care Club



19th Annual Mantua Raccoon Run 5K & 1-mile Fun Run/Walk



Saturday, May 11, 2019

9107 Horner Court Fairfax, VA 22031

8 am: 1 Mile Fun Run/Walk

8:30am: 5K Race

*All proceeds to benefit Inova Fairfax Hospital Life with Cancer
in memory of Roberta Romano*

Anne and Sarah Harrington
(703) 698-9833

Register by Mail: Send signed form and check to: Mantua Raccoon Run c/o Jennifer Lewis-Cooper
3805 Sandalwood Court, Fairfax, VA 22031
Make checks payable to Young Hearts

Register on line: www.raccoonrun.org

Registration Fee: 5K: \$35.00* Fun Run: \$20.00

**Special Group Rate of \$20 per runner for organization/club registering 20 or more members as a team for 5K race. Contact Jennifer: jalcooper@aol.com*

T-Shirts: Participants who registered by **April 26** will receive a T-shirt and water bottle.

Race Packet Pick-Up: Pick up race materials (t-shirts, race numbers, etc.) and/or register at Mantua Elementary School Main Entrance (#1) 9107 Horner Court Fairfax, VA 22031 on **Friday, May 10, 2019, from 5-7pm and Race Day morning from 7:00 – 7:45 for the Fun Run and until 8:15 for the 5K.**

Awards: Overall Male/Female; 1st 2nd & 3rd place for M/F Age Groups (<10; 11-14; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-79, 80+). Prizes awarded and refreshments provided after both races.

Reminder: No headphones, dogs or strollers permitted in the 5K. Mantua Elementary students are encouraged to include name of teachers on entry form and obtain pledges, the proceeds of which will go to the **Inova Fairfax Hospital Life with Cancer.**

For further race information, call 703-966-8304 or visit www.raccoonrun.org

ENTRY FORM

Mail to: Raccoon Run c/o J. Lewis-Cooper
3805 Sandalwood Ct | Fairfax, VA 22031
Please make checks payable to Young Hearts

Racer's Last Name:		First Name:	
Address:		Gender:	Age:
City:		State:	Zip:
Home/Work Phone:		Email:	
T-Shirt Size:		T-Shirt Size:	
Adult S M L XL XXL		Children M L	
<input type="checkbox"/>	I would like to participate in the 5K Run		
<input type="checkbox"/>	I would like to participate in the 1 Mile Fun Run		
		Amount enclosed:	

IMPORTANT AND REQUIRED. Registrants and their accompanying family members and friends participating in the 5K/1mile Run on May 11, 2019, hereby assume full responsibility for the risk of property damage, bodily injury or death. By your signature below, you certify your understanding that the race will occur in part on property not owned by the Fairfax County School Board (FCSB). Therefore, you also certify your understanding that neither the FCSB nor its employees and volunteers have any responsibility for the maintenance and condition of that property. Further, you understand that the FCSB provides no accident, medical or health insurance coverage for race participants.

By your signature below, you certify that to your knowledge, you and your child (if applicable) are medically able to participate in this 5K/1mile race. In consideration of the safety of all participants, you understand that absolutely no baby joggers, baby strollers, headphones, animals on leash, skateboards, skates, rollerblades or bicycles are allowed on the 5K course. In addition, you understand that if the race is canceled by circumstances beyond the control of the organizers, your entry fee will not be refunded.

I have read and agree to the above:

Registrant signature or Parent/Guardian signature if under age 18

Date:

If Mantua ES Student, Teacher's Name _____