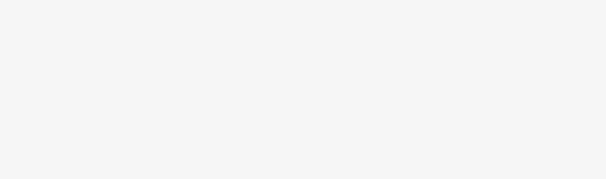


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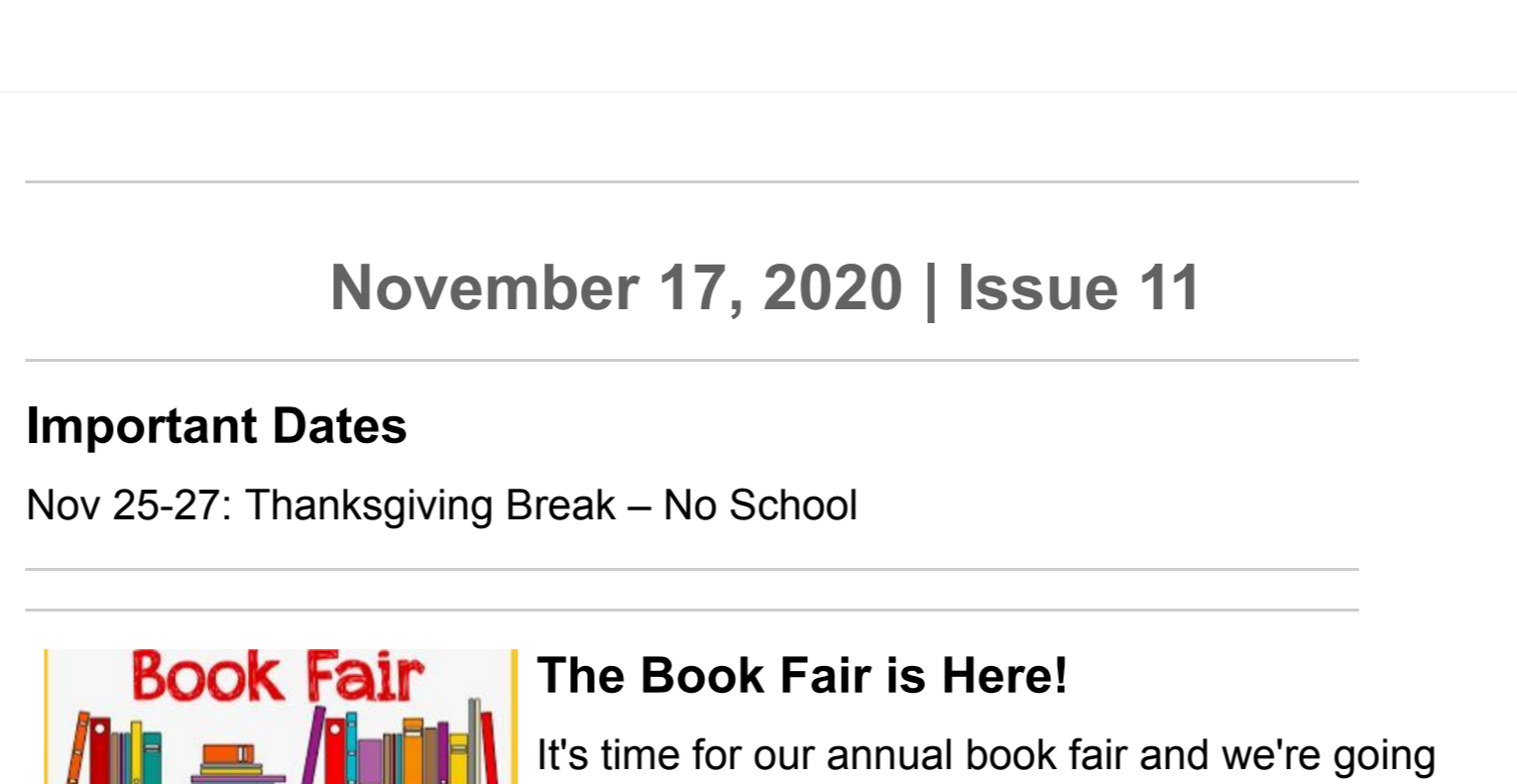
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Mantua PTA News 2020, Issue 11

Fairfax County Public Schools sent this bulletin at 11/17/2020 04:05 PM EST

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November 17, 2020 | Issue 11

Important Dates

Nov 25-27: Thanksgiving Break – No School

Book Fair The Book Fair is Here! It's time for our annual book fair and we're going virtual! Same great books and games, but now you can shop from the comfort of home...

Mantua Raccoon Masks Available! You asked, we listened! Mantua Raccoon masks are now for sale in youth and adult sizes on our website...

Library Curbside Pick Up Curbside library pick up is now open! Click this link (must be logged into an FCPS Google account) in order to get information on curbside library pick up...

School Issued Laptop Help If you are experiencing difficulties with your child's school issued laptop, please remember to refer to the self-help page and ticketing service. Self-help page: https://www.fcps.edu/return-school-technology-support-families...

Parent Information Relating to Special Education All these opportunities are online and FREE unless noted. In most cases you must register if registration information is provided.

Helping Police and First Responders Better Communicate with People with Autism Wed. Nov. 18, noon-1:30 pm Search webinar with the Virginia Autism Council. Register: https://cvent.me/WL3k0Z

Why Are You So Sensitive? Understand How Sensory Processing Sensitivity Affects the ADHD Brain Wed. Nov 18, 1 pm. With replay access. Learn about the symptoms of Sensory Processing Sensitivity, how it affects the brain, and how to manage it alongside ADHD.

Understanding Tourette Syndrome and Co-Occurring Conditions Wed. Nov. 18, 7-8 pm Learn about tic disorders, which may accompany ADHD, OCD, or anxiety, along with tips on how to help your student with virtual learning.

Organized Chaos: Executive Functioning Strategies for Learning in a Variety of Environments Wed. Nov. 18, 7:30-9:00 pm Learn key strategies and tips for K-12 students on time management, physical and digital organization of workspace, ergonomics, and planning.

Challenging Behaviors: ABCs of Behavior & How to Respond Thu. Nov. 19, 10:00-11:30 am OR 6:30-8:00 pm Learn how to teach self-control strategies along with tips on how to proactively prevent challenging behaviors.

Advanced Training in the Collaborative and Proactive Solutions Model Fri.-Sat. Nov. 20-21, 9 am-4 pm. Online \$200 Direct teaching, interactive case studies, and Q&A will provide an in-depth orientation to key themes, assessments and treatment facets of this model.

ADHD Anger, Tantrums, and Mood Shifts: Effective Treatments for Emotional Dysregulation Tue. Nov. 24, 1 pm. With replay link Learn the causes of, and effective treatments for emotional dysregulation, a common and under-appreciated challenge for many children with ADHD.

Ongoing and On Demand Dyslexia & the IEP: How to Make Sure the IEP Is in Tip-Top Shape Webinar, available 24/7 Access: https://www.youtube.com/watch?v=frehRL58Uts

Parent Child Journey Online course; content available for one year \$200 (scholarships available) This program is to help parents identify the source of their child's challenging behavior and learn what they can do about it.

Accommodations for Recreational Classes and Camps with Fairfax County Parks Accommodations include physical accessibility, ASL interpreters, assistive devices, sensitivity training for classmates, and staff training.

Scholarships for Classes with Fairfax County Parks Children of families that receive public assistance (medicaid, free school lunch, SNAP, TANF) are eligible to take one set of classes per quarter for a \$15 registration fee.

NAEM Basics This 6-session course is for adults who provide care for youth (ages 22 and younger) who are experiencing mental health symptoms (including ADHD and ASD).

Wrightslaw Special Education Law and Advocacy Training Learn about special education law, rights and responsibilities; tests to measure progress and regression; SMART IEPs; and strategies for effective advocacy.

The Parent Playbook – 9 Module Online Course on Autism From the VCU Autism Center for Excellence & Virginia Autism Center. An introduction on Autism Spectrum Disorder for families, including tips for caregivers, characteristics, interventions and recommended programs and services.

All these support groups are open to newcomers, most are online, and they are free, except where noted. No diagnosis is required to participate. Participants are typically given the opportunity to share their story, experience support, and glean guidance (as desired) from group members regarding both community and school resources.

Autism Dads meets one evening monthly. Contact: George Buzby at 571-419-1257 or gbuzby@aol.com

Autism Society of Northern Virginia Virtual Support Group 2nd and 4th Saturday of the month, 1:00-2:30 pm via Zoom. Meeting ID: 83085728013

Business Networking Event for Special Needs Parents Alternate Fridays, 9:00-10:30 am Via Zoom. Connect with fellow special needs parents and business owners, build your referral network, and share best practices.

CHADD: Children & Adults with Attention Deficit/Hyperactivity Disorder Alexandria CHADD Parent Support Group 4th Mon. of each month at 6:30 pm.

CSB Family Support Group at Gattian Church 2nd and 4th Wed. of each month 6:00-7:30 pm via Zoom Contact: Samar Chwairy@fairfaxcounty.gov or call 703-799-2882.

D.A.D.S. Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm via Zoom. Contact: George gbuzby@aol.com or call 703- 545-6089.

Dr. Dan's Support Group for Parents Raising Challenging Children meets via Zoom on Mondays, 1-2 pm, Register: http://suivey.constantcontact.com/survey/a07eh2mzqrk9vdghmb/a0179kbgtrh11/questions

Epilepsy Parent Support Group & Discussion Series meets monthly on the 4th Thursday, 7:00-8:30 pm. Register: https://epilepsydc.org/events/epilepsy-parent-support-group-discussion-series-virtual/

Fairfax Juvenile Court Parent Support for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. Sign up for a phone consultation at https://www.signuppenius.com/go/10c0a44ab29ab/85-juvenile

Family Recovery & Support Group meets weekly via Zoom on Mondays 6:30-7:30 pm for family and friends of those receiving CSB services for addictions. Contact: Natalie.Holmes@fairfaxcounty.gov

Grupo de Chat para Padres: Unete a nuestro nuevo GRUPO DE CHAT mediante la aplicación de WhatsApp y podrás mantenerte al tanto de todo lo que PEATC Latino esta haciendo.

Heads Up and Talk It Out – Teen and Parent Recovery Groups These are concurrent virtual groups for teens (ages 14-17) who are working through emotional, mental health or substance use challenges and their parents every Thursday 6-7 pm.

NAMI: National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Michelle Best mczero@yahoo.com

Parent Café (for all Fairfax County parents and guardians) meets via Zoom in English on Mon., 7:45-8:15 pm, for African Americans on Thu. at 6:00-7:30 and en español, miércoles, 7:00-8:30 pm. Register at least 24 hours in advance by email: BuildingStrongerFamilies@fairfaxcounty.gov or 703-324-7720

Parents in a Pandemic is for families of children or young adults with developmental and/or behavioral challenges. They meet twice monthly, 5:00-6:00 pm on Tuesdays. Contact Diane Manning dmonnig@thearcoffoxva.org

Parents of Autistic Children (POAC-NOVA) Parent Support Group meets on Saturdays occasionally. Contact: Brianne Russel-Morris administrator@poac-nova.org

Parents of Autistic Teens meets same Sat. of each month. Contact: Maria Dubuc 703-970-3676 or Admin@ASNVA.org

Stronger Together meets alternate Tuesdays, 7-8 pm, starting Oct. 6 – 22. The youth meet separately at the same time, and both groups are facilitated by professionals. Register: https://www.eventbrite.com/e/2020-21-stronger-together-peer-support-groups-tickets-1192460351012

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