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Mantua PTA News 2021, Issue 6

Fairfax County Public Schools sent this bulletin at 09/28/2021 04:00 PM EDT

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September 28, 2021 | Issue 6

Important Upcoming Dates

September 29 (Wednesday): Virtual Back to School Night, 6:30-8:30pm.

October 7 (Thursday): Virtual PTA meeting, 7pm.



Mantua ES Art Needs Volunteers!

Come help us out in the Mantua Art Room! Please click the link below to sign up. No experience necessary! We need help with cutting paper, refilling glue bottles, framing artwork, hanging artwork, filling paint cups and more! You may help either teacher, no matter who your child has. We have many different slots to choose from, all we ask is that you check in with the front office when you arrive.

These volunteer opportunities will be scheduled when students are not present in an effort to minimize concerns related to COVID.

Thank you so much for your time, we appreciate it!
~Mrs. Shirley and Mr. Lorenzi~

<https://www.signupgenius.com/go/20F0C4AA9AC22A6FF2-mantua5>

Parent Digital Consent Forms -- Action Requested!

The school needs your consent for some important digital resources your child might need to access for classwork on their laptop. Take a moment to review the [online resources](#) our teachers at Mantua may use with your child. After you have had a chance to review the resources, please use [this link](#), to complete the [Parent Consent form](#). You will need to have your child(s) ID Number. If you have more than one child, you will have to complete the form for each child.



Virtual Back to School Night
Wednesday, September 29, 6:30 - 8:30 PM



Mantua is Hiring!

Mantua ES is currently looking for several people to work as lunch coverage (10:40-2:15) for indoor & outdoor dining as a critical need but will be branching out from there with additional duties and opportunities for Monitors as capacity grows. Below is the link to apply to be a Monitor. Once the application is completed and an applicant number is assigned, please contact Nick Rousos, Assistant Principal, at nbrousos@fcps.edu so that he can search the database and contact applicants.



https://sjobs.brassring.com/TGnewUI/Search/Home/Home?partnerid=25103&siteid=5042#jobDetails=1412690_5042

Directory Opt Out

Here at Mantua we care about your privacy and want to ensure that you are comfortable with the information provided to other Mantua families! Please complete this short form if you do NOT wish to be published in The Mantua PTA Online Student Directory. The majority of parents opt to include their family's information in the directory as it is a great resource for parents, students, and faculty throughout the school year, but we want each family to make that choice for themselves. The **Opt Out window ends on October 1st**. Questions, email directory@mantuapta.org. <https://mp.gg/r2-z3>

Mantua Run for Rocky 2021

Calling all Volunteers for Run for Rocky 2021! Mantua Elementary School is Going for the Gold - Run for Rocky 2021 Olympics will be held on **Thursday, October 28th**.

As we gear up for this year's Run for Rocky on Thursday, October 28th, we need volunteers to help organize the event. We are looking for volunteers to join our committee to help with organizing Spirit Week, solicit sponsors and donations, organize giveaways, lead communications, support onsite, and so much more!

Run for Rocky is our school's biggest fundraiser of the year, and we can't do it without your help! After last year's virtual run, we are so excited to be able to host this event in person for our kids, but if we don't have enough volunteers, we will not be able to proceed with organizing the event. Please consider joining our volunteer committee so we can host this incredible Mantua tradition.

Email fundraising@mantuapta.org if you'd like to join us!

Mantua Basketball - Winter 2021



Registration for the Mantua Basketball league is still open! This is a great opportunity for kids to play with friends in a low pressure environment and have fun! Kids in grades 3-6 can sign up. No experience needed, just a good attitude! All practices and games take place in the Mantua gym. Questions?

Email programs@mantuapta.org or commissioner@mantuabasketball.org.

All eligible Mantua ES students are encouraged to register at www.mantuabasketball.org.

Parents click the "Enroll" button to register your players. You can also register as a volunteer when you register your players, or let us know if you are interested in being a Head Coach, Assistant Coach, or Evaluation Helper.

Registration Runs until **Monday, October 18, 2021**

Program Duration: Monday, November 15, 2021 - Tuesday, March 15, 2022

Regular Registration Cost: \$ 70.00 - \$ 95.00

Turnpike Basketball Club

Turnpike Basketball Club is a local non-profit youth basketball club that works in cooperation with the Mantua Basketball League, offering travel basketball opportunities and supplemental programs for Mantua players and families.

Turnpike invites all advanced 4th, 5th and 6th grade boys basketball players to our **Travel Team Tryouts, which start this Friday, October 1.**

Check out turnpikebasketball.org for schedule and program details.

GO RACCOONS!



Reflections Program

The Reflections Program encourages students to explore the arts and to create original masterpieces in response to a student-created theme and submit their artwork in one or more categories:

- Dance Choreography - Film Production - Literature - Music Composition - Photography - Visual Arts (2-D or 3-D) Students participate in their division: - Primary (Pre-K to Grade 2) - Intermediate (Grade 3-5) - Middle School (Grade 6-8) - High School (Grade 9-12) - *Special Artist (All grades) * Special Artists are students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division or grade division most closely aligned to their functional abilities.)

Finalists from each category and division are submitted to the county-level Reflections Program. The county finalists are submitted to the regional-level, then to the state-level, and finally to the Nationals. The theme for the 2021-2022 school year is "I Will Change the World by...".

Call for Entries! **Deadline is October 23, 2020 at noon.**

For more information, please email: Reflections@MantuaPTA.org

https://www.pta.org/docs/default-source/files/programs/reflections/current/reflections-21-22/media/reflections---change-the-world-2_world.png

School of Magic Drama Camp

Fairfax High School Theatre's


1-Day Drama Camp

Theme: A Day at a School of Magic

Tues, November 2, 2021

Online Registration: <https://fhs-theatre-boosters.ticketleap.com/school-of-magic-drama-camp/>

Flier: <http://mantuapta.org/documents/dtf/2021-22/flyers/ffxhs-drama-camp.pdf>



Fairfax High School Theatre's
1-Day Drama Camp
Theme: A Day at a School of Magic
Tues, November 2, 2021

WHEN: Tues, November 2nd <i>This is a student holiday/ teacher work day</i>	TIME: 9:00am - 3:30pm	WHERE: Fairfax High School 3501 Lion Run Fairfax, VA 22030	WHO: For any child in 1st - 8th Grade	COST: \$50 per child or \$30 for FCPS Employees
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Costumes for Kids: A Fall Volunteer Festival

Let's Make Halloween Special for Local Kids The Costumes for Kids Fall Volunteer Festival will include volunteer projects, pumpkin painting, face painting, and more. October 16, 12-3:00pm. Together, we will prepare 40 costumes for kids who attend Title 1 schools while having fun. Tickets are \$10/person; ages 5 and under are free. There will also be raffles for family-friendly baskets. Location: Bethlehem Lutheran Church, 8922 Little River Turnpike

<https://kidsgiveback.org/events>

SIS/ParentVue Account

Do you have a SIS/ParentVue account? This account will allow you to access your child's attendance, class performance, and much more. Use this [link](#) to access, activate or change your password.



Schoology Account

Schoology is a learning space that enhances communication, collaboration, and personalized learning for students, teachers, and families.

- You need a SIS/ParentVUE account to login to Schoology:
<http://bit.ly/FCPSSIS>
- Use your SIS/ParentVUE login information to login to Schoology:
<https://lms.fcps.edu>

Look for the FCPS logo to make sure you are on the right login page.



Join the Mantua Elementary PTA Facebook Page

Let's get social! Don't forget to join the Mantua Elementary PTA Facebook page! Not only is a great place to ask questions and connect with other families, we hope to keep it up to date with

important events and dates throughout the year.

<https://www.facebook.com/groups/MantuaPTA/?ref=share>

Join the PTA!

Please visit our webpage at MantuaPTA.org and click **JOIN PTA NOW!** Dues are \$20 per family and get you discounts on PTA sponsored clubs. Our dues fully support our free programs so that every penny of our fundraisers goes right back into the classrooms. Follow us on Facebook to get the inside scoop on all our events and programs - <https://www.facebook.com/groups/MantuaPTA/> - Can't wait to get started!



Any changes in dismissal transportation need to be requested by emailing the Mantua Attendance (Mantuaelem.attendance@fcps.edu) by 11:00am, so the office has time to relay that change to the classroom teacher. No early dismissals will be permitted after 3:30pm.

Parent Information Relating to Special Education

All these opportunities are **FREE** unless noted.
In most cases **you must register** if registration information is provided.

Mental Health and Wellness Conference

Mon. Sep. 27 to Fri. Oct. 1, times vary

This conference is presented with Inova Act on Addiction, and Our Minds Matter, a student movement to change school culture around mental health.

Register: <https://www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency/mental-health-and-wellness?>

Tools for Fostering Success at Home, In School, and Throughout Life

Mon. Sep. 27, 6-7 pm

A panel presentation to start the FCPS Mental Wellness Conference and Inova Act on Addiction Summit.

Register: https://us02web.zoom.us/webinar/register/WN_xZlquGx-Q4qK6XfNhE1pTg

More Than Sad: Suicide Prevention Education for Parents

Mon. Sep. 27, 7-8 pm

Learn to recognize signs of depression, how to talk about mental health with your child, and how to get help.

Register: <https://morethansadsept272021.attendease.com>

The Resilient Brain: Cultivating Courage & Curiosity to Expand a Child's Capacity to Build Inner Strength

Tue. Sep. 28, 6:30-7:00 pm

Consider the possibility of helping children learn to say yes to the world and all that life has to offer, even during difficult times.

Register: https://us02web.zoom.us/webinar/register/WN_c6zymDtfQWV1gZ4_YEDbQ

Getting a Handle on...ALL THIS! How to Thrive in Overwhelming and Uncertain Times

Thu. Sep. 30, 6-7 pm

Participants will be guided in how to use their head, heart, and hands to find practical ways to move forward in our challenging times.

Register: https://us02web.zoom.us/webinar/register/WN_C6JsBy4BQuSrMy8wCyD6uw

George Washington University Research Opportunity

Developmental Social Neuroscience Lab at GWU, 2115 G St. NW Wash. DC

Children ages 5-17 are being recruited to participate in both online and in-person studies. Compensation of \$20/hour

Contact: andilab@gwu.edu.

Family Digital Wellness

Fri. Oct. 1, 10:00-11:30 am, with later access

Learn about problematic media use at various ages and how to help children and teens to adopt healthy behaviors.

Register: https://docs.google.com/forms/d/e/1FAIpQLSdMDOpO3rd2W_g3d6c1VQq6CABMdebdu5CriUYVvnonidfnAxQ/viewform

Helping Kids Manage Their Anger

Fri. Oct. 1, 10:00-11:30 am

Learn why kids have trouble managing emotions and how you can help your kids manage their anger without looking your cool.

Register: https://us02web.zoom.us/webinar/register/WN_oWFhtOY1R32QLHACqa_AuQ

Traumatic Brain Injury — Blue Ridge LEND Lunch & Learn

Fri. Oct 1, noon-1 pm

Traumatic brain injury will be covered in the context of evidence-based, culturally competent, person- and family-centered care.

Register: <https://virginia.zoom.us/meeting/register/tJ0odO2rj8tH9NB3UNDGMLM-gNz9XDHSxDX>

Tools for Resiliency During Unprecedented Times

Fri. Oct. 1, noon-1 pm

This presentation is part of the FCPS Mental Wellness Conference and Inova Act on Addiction Summit.

Register: https://us02web.zoom.us/webinar/register/WN_KUylyc25Se2uwifRrQQ-Kg

Day Camp for Bereaved Families with Children Ages 5-18

Sat. Oct. 2, Point of Hope Family Camp, Lorton

A parent or guardian plus one or more children who have recently experienced the death of a parent or sibling are invited.

Register: <https://forms.office.com/r/d4iANa693q>

Sensory Friendly "Archaeology Family Day" at Mount Vernon

Sat. Oct. 2, 9-11 am, Mount Vernon

Learn how archaeology has uncovered the past through family-friendly activities at the 12-Acre Field.

Tickets: <https://www.mountvernon.org/en/ticketing> \$\$ varies

Increasing Familiarity of Different Cultures in Multi-Racial Formed Families

Mon, Oct. 4, 7:00-8:30 pm

Learn about racial and cultural identity challenges, strategies, and resources for multiracial formed families from parent peers with lived experience.

Register: <https://register.gotowebinar.com/register/5386500184993263630>

Parent Child Journey Discussion Group — for Early Childhood Parents

Mondays, Oct. 4 to Dec. 6, 7-8 pm, via Zoom, with free video course

This course helps parents of children, age 3-7, to identify the source of their child's challenging behavior and what they can do about it.

Information: <http://www.parentchildjourney.com/journey/> \$100-\$350

Anxiety Management Parent Group — 8 session course

Tuesdays, Oct. 5 to Nov. 23, noon-1 pm, 60 day access to video course

Topics include diagnosis, cognitive-behavioral therapy, SPACE principles, parent accommodations and their reduction,

Register: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ei7uu3ltd0d801ae&oseq=&c=&ch=> \$100-\$300

Holistic Healing: The Whole-Person Treatment Approach to ADHD

Tue. Oct. 5, 1 pm, with replay link

Learn from a medical doctor about the benefits of integrative treatments, such as lifestyle and nutrition modification.

Register: https://goto.webcasts.com/starthere.jsp?ei=1475073&tp_key=d9c217a8ce

Joy is an Inside Job

Tue. Oct. 5, 7:00-8:30 pm

Gain a sense of how to develop a process of self care that inhibits burnout while still taking care of kids with special needs.

Register: <https://www.eventbrite.com/e/joy-is-an-inside-job-tickets-168187229531>

ADHD Management Parent Group — 8 session courseWednesdays, Oct. 6 to Nov. 24, noon-1 pm **\$100-\$300**

Discussion topics include medication, behavioral strategies and educational care. 60 days access to Dr. Dan's ADHD video course.

Register: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ei7upmfz1f99cbfb&oseq=&c=&ch=>

Talking with Kids to Build Motivation, Stress Tolerance, and a Happy Home

Wed. Oct 6, 7-8 pm

Learn communication strategies that support the healthy development of autonomy and self-drive that kids with learning-related challenges need.

Register: https://labcchool-org.zoom.us/webinar/register/6816279311939/WN_lh-W558XR7WG9DGS2d7gtQ

Do You Think Your Child is Being Bullied? — In Spanish**¿Cree que su hijo es objeto de acoso escolar?**

Mie. los 6 oct. 7 pm

Aprender cómo identificar y prevenir el acoso, hablar con su hijo sobre el acoso, y cómo obtener ayuda de profesionales cuando se necesite.

Registrarse: <https://bit.ly/3zro0kx>

Parent Child Journey Discussion Group for Middle Childhood Parents

Thursdays, Oct. 7 to Dec. 16, 7-8 pm, with free video course

This course helps parents of children, age 8-12, to identify the source of their child's challenging behavior and what they can do about it.

Information: <http://www.parentchildjourney.com/journey/> **\$100-\$350**

Dyslexia Virtual Open House

Fri. Oct 8, 10-11 am, with later access

Gain an overview of dyslexia supports in FCPS, an update on equitable access to literacy plans, and tips to help your child thrive in school.

Register: https://docs.google.com/forms/d/e/1FAIpQLScR1rSrhqKNo_xluGBrgjps_mDzisivx5XY-v7Xf2SofXEOX1A/viewform

An Overview of Cerebral Palsy — Blue Ridge LEND Lunch & Learn

Fri. Oct. 8, noon-1 pm, details will be emailed Oct. 1

This overview will cover cerebral palsy in the context of evidence-based, culturally competent, person- and family-centered care.

Register: <https://virginia.zoom.us/meeting/register/tJ0odO2rpj8tH9NB3UNDGMLM-gNz9XDHSxDX>

Morning at the Museum — Cooper Hewitt

Sat. Oct. 9, 10:30-11:30 am

Students with cognitive or sensory processing disabilities will learn about the design process and make accessories for halloween.

Register: [email CHAccess@si.edu](mailto:CHAccess@si.edu)

Transition University — Self-Paced Course of 5 Sessions

Sun. Oct 10 to Tue. Nov. 30,

Learn about the many options available to maximize your child's independence and quality of life when they age out of school.

Register: <https://tufall2021.eventbrite.com>

Sibshops — for Brothers and Sisters of Children with Special Needs

Mon. Oct. 11, 10 am OR 1 pm

Children in grades 2-6 who have siblings with special needs play games with other siblings, share experiences, and receive peer support.

Register: <https://docs.google.com/forms/d/e/1FAIpQLSe7njTUP0XvEsyaRhfUS7ARtjiRBFdNXQ65jCD83w8hbUtKjA/viewform>

Navigating the Medicaid Waiver Process

Mon. Oct. 11, 7:00-7:45 pm

Find out about this program for home and community based health services for children and adults.

Register: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eikx104wa9444cbb&oseq=&c=560d2738-ff48-11e9-a42a-d4ae528440e0&ch=560e43ca-ff48-11e9-a42a-d4ae528440e0>

Wrightslaw Special Education Law and Advocacy Training

Tue. Oct. 12 & Wed. Oct. 13, 9 am-noon **\$160-\$210**

Learn about special education law, rights and responsibilities; tests to measure progress and regression; SMART IEPs; and effective advocacy.

Info: <https://www.wrightslaw.com/webex/law.adv.index.htm>

Combating Stereotypes About Women, Men, and Children with ADHD

Tue. Oct. 12, 1 pm

Learn how to communicate about ADHD so as to counter mistaken ideas that can cause shame or guilt in the ADHD community.

Register: <https://www.additudemag.com/webinar/adhd-awareness-month-2021-hallowell-solden-podcast-376/?>

ADHD and Reading Difficulties: Prevention and Problem Solving

Tue. Oct 12, 7:00-8:30 pm

Gain a sense of how ADHD can impede reading, what to watch for, and the kinds of interventions that may be needed.

Register: <https://www.eventbrite.com/e/adhd-and-reading-difficulties-prevention-and-problem-solving-tickets-168307202373>

Parenting Children of Color

Wednesdays, Oct. 13, & Dec. 15, 7-8 pm

Meet with other parents to discuss the unique issues in raising children of color with special needs. **\$20** per session

Register: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eibojav79a6a9849&oseq=&c=&ch=>

Understanding the Dynamics of Cyberbullying, Technology, and our Youth

Fri. Oct. 15, noon

Learn about cyberbullying, the motivations behind it, the warning signs to look for, and strategies to protect students with disabilities.

Register: <https://www.eventbrite.com/e/understanding-the-dynamics-of-cyberbullying-technology-and-our-youth-registration-169484587965>

Teaching Problem Solving to Children and Adults with ADHD

Tue. Oct. 19, 7:00-8:30 pm

Learn how to teach problem solving to children, even those with hyperactivity, impulsivity, distractability, and executive function deficits.

Register: <https://www.eventbrite.com/e/teaching-problem-solving-to-children-and-adults-with-adhd-tickets-168309300649>

The Dynamics of Cyberbullying, Technology and Our Youth — In Spanish

La Dinámica del Acoso Cibernético, la Tecnología, y Nuestra Juventud

Mie. los 20 oct. 7 pm

Aprenda sobre el acoso cibernético, las motivaciones detrás de él, y las estrategias para proteger a los estudiantes con discapacidades.

Registrarse: <https://bit.ly/2XB7nFQ>

Real Assistive Technology for Everyone (RATE) Conference 2021

Sat. Oct. 23, 9 am-12:30 pm

This event will include a key note and three sessions with choices to present the use of assistive technology for supporting student learning.

Register: <https://docs.google.com/forms/d/e/1FAIpQLSfIH8hLIUpFagzkpqqzJjM6CCWUTDrsXRXR1K62Jg3B6p6b-9g/viewform>

Ask an Advocate: IEP 101

Wed., Oct. 20, 6:30-8:30 pm, Autism FIRST 24805 Pinebrook Rd. Chantilly

Learn how goals, services and placement decisions are determined, plus paper trails, and tips for how to advocate for your child.

Register: <https://autismfirstus.com/events/>

National Drug Take Back Day

Sat. Oct. 23, 10 am-2 pm

Safely dispose of unused medications at District Police Stations in Fairfax County.

Information: <https://www.fairfaxcounty.gov/police/district/franconia>

In and Out of IEP Meetings — In Spanish

Dentro y Fuera de las Reuniones del IEP

Mie. los 29 sep. 7 pm

Aprenda a planificar una reunión del IEP, qué esperar durante la reunión, cómo entablar relaciones allí y cómo defender a su hijo.

Registrarse: <https://bit.ly/3gzOhq5>

Ongoing and On Demand

Family Coaching — 8-12 week program

Work weekly one-on-one with a coach to identify individualized goals and create a targeted family plan.

Register: <https://a109092.socialsolutionsportal.com/apricot-intake/e8afd273-4daa-4525-a1f1-b8ee33528344>

Fairfax County's Pre-Notification 9-1-1 Program

Enroll now in this new public safety program for individuals with disabilities.

Details & Registration: <https://www.fairfaxcounty.gov/911/emergency-health-profile>.

Special Education During a Pandemic

Learn what the laws specify that schools should provide, and how you can best support your child.

Access: <https://drroseann.com/special-education-during-a-pandemic/>

Dyslexia & the IEP: How to Make Sure the IEP Is in Tip-Top Shape

Webinar, available 24/7

Access: <https://www.youtube.com/watch?v=frehRL58UTs>

Accommodations for Recreational Classes and Camps with Fairfax County Parks

Accommodations include physical accessibility, ASL interpreters, assistive devices, sensitivity training for classmates, and staff training.

To request accommodations, [email gary.logue@fairfaxcounty.gov](mailto:gary.logue@fairfaxcounty.gov) or 703 324-8563

Scholarships for Classes with Fairfax County Parks

Children of families that receive public assistance (medicaid, free school lunch, SNAP, TANF) are eligible to take one set of classes per quarter for a \$15 registration fee.

Information: <https://www.fairfaxcounty.gov/parks/scholarships>

NAMI Basics

This 6-session course is for adults who provide care for youth (ages 22 and younger) who are experiencing mental health symptoms (including ADHD and ASD).

Register: <https://publiccourseapi.nami.org/Learner/Login?ReturnUrl=%2F>

Wrightslaw Special Education Law and Advocacy Training

Learn about special education law, rights and responsibilities; tests to measure progress and regression; SMART IEPs; and strategies for effective advocacy.

Info: <https://www.wrightslaw.com/webex/law.adv.index.htm> \$50-\$90

The Parent Playbook — 9 Module Online Course on Autism

From the VCU Autism Center for Excellence & Virginia Autism Council. An introduction on Autism Spectrum Disorder for families, including tips for caregivers, characteristics, interventions and recommended programs and services.

Access: https://vcuautismcenter.org/te/courses/parent_playbook.cfm

Ongoing Community Support Groups for Parents

All these support groups are open to newcomers, and they are free, except where noted. No diagnosis is required to participate. Participants are typically given the opportunity to share their story, experience support, and glean guidance (as desired) from group members regarding both community and school resources. Confidentiality is to be respected.

AAC Parent Group meets occasionally on Saturdays. Contact: Amanda amandam@skillbuildersllc.com or 703-941-7757 ext. 316

African American Culturally Focused Virtual Parent Café meets Thursdays, 6:00-7:30 pm. Register at least 24 hours in advance by [email BuildingStrongerFamilies@fairfaxcounty.gov](mailto:BuildingStrongerFamilies@fairfaxcounty.gov) or 703-324-7720

Alpha Moms This support group for adoptive parents meets monthly in McLean. Contact: robin4brady@gmail.com

Arlington Epilepsy Support Group, a list-serve, can be accessed at ARLEpilepsy@googlegroups.com

Autism Dads meets one evening monthly. Contact: George Buzby at 571-419-1257 or gbuzby@aol.com

Autism Society of NoVA Support Group meets on the 2nd Saturday of the month, 1:00-2:30 pm via Zoom. <https://us02web.zoom.us/j/9466001682>; Meeting ID: 946 600 1682; One tap mobile (301) 715-8592

Business Networking Event for Special Needs Parents

Alternate Fridays, May 29 and following, 9:00-10:30 am Via Zoom. Connect with fellow special needs parents and business owners, build your referral network, and share best practices. Contact: <https://thearcofloudoun.org/networking/>

Cafés Virtuales Para Padres: Miércoles de 7:00-8:30 pm. Regístrese con al menos 24 horas de anticipación: BuildingStrongerFamilies@fairfaxcounty.gov o 703-324-7720

CHADD: Children & Adults with Attention Deficit/Hyperactivity Disorder

- Alexandria CHADD Parent Support Group 4th Mon. of each month at 6:30 pm. Contact: Susan, ADHDParentMountVernon@gmail.com or call 303-903-9972.
- Loudoun County CHADD Parent Support 3rd Wed. evening of the month. Contact: Bonnie Little 571-306-2932 or on Facebook [@loudounahdhsupport](https://www.facebook.com/loudounahdhsupport)
- West Fairfax/Burke CHADD Parent Support Group 1st & 3rd Thur. of each month at 8:00 pm Contact: Cathy, ocgreulich@aol.com

CSB Family Support Group at Gatlan Center 2nd and 4th Wed. of each month 6:00-7:30 pm via Zoom Contact: Samar.Chwairy@fairfaxcounty.gov or call 703-799-2882.

D.A.D.S. Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm via Zoom. Contact: George gbuzby@aol.com or call 703- 545-6089.

Dr. Dan's Support Group for Parents Raising Challenging Children meets via Zoom on Mondays, 1-2 pm, Register: <http://survey.constantcontact.com/survey/a07eh2rnzqrk9vdghmb/a0179kbgrhjn1/questions>

Fairfax Juvenile Court Parent Support for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. Sign up for a phone consultation at <https://www.signupgenius.com/go/10c0a44abab29abf85-juvenile>

Family F.I.R.S.T. Fridays Autism Support Group meets on the 1st Friday monthly, noon-12:45 at Gum Spring Library 24600 Millstream Dr. Stone Ridge

Formed Families Together consists of monthly peer support groups for adoptive, kinship, and foster caregivers and parents. Register: <https://www.eventbrite.com/e/formed-families-together-support-groups-tickets-147657582805>

Virtual support group meets the 1st Sunday evening monthly.

In-Person support group meets the 3rd Wednesday evening monthly.

Grupo de Chat para Padres: Unete a nuestro nuevo GRUPO DE CHAT mediante la aplicación de WhatsApp y podras mantenerte al tanto de todo lo que PEATC Latino esta haciendo. Entra al GRUPO: <https://bit.ly/2VoU2vw> (Chat Group for Latino Parents: Join our new CHAT GROUP through the WhatsApp application and you will be able to keep up to date with everything that PEATC Latino is doing.)

Grupo de Educación y Apoyo a Padres en Española se reúne el cuarto sábado de cada mes, de 10 a 11 a.m. en Zoom en <https://us02web.zoom.us/j/9466001682> ID de reunión: 946 600 1682

Kinship Café meets online 6:30-8:00 pm the 2nd Wednesday of the month for those raising the children of relatives and friends. To attend, call 703-324-7720 or email BuildingStrongerFamilies@fairfaxcounty.gov .

NAMI: National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Michelle Best mczero@yahoo.com

NAMI Family Support Group meets on the 1st and 3rd Wednesdays on Zoom for parents of children living with mental health challenges including ADHD, ASD, etc. <https://zoom.us/j/94509229914>

OCD Family Support Group meets the 1st Mon. of each month, 7:30 pm. Contact: ela.mike@verizon.net or call 202-215-5859

Parent Café (for all Fairfax County parents and guardians) meets via Zoom in English on Mon., 7:45-9:15 pm, and en español, miércoles, 7:00-8:30 pm. Register at least 24 hours in advance by email BuildingStrongerFamilies@fairfaxcounty.gov or 703-324-7720

Parents in a Pandemic is for families of children or young adults with developmental and/or behavioral challenges. They meet twice monthly, 5:30-6:30 pm on Tuesdays. Register: <https://thearcofnova.org/jun-dates-for-virtual-parent-support-group-meetings/>

Parents of Autistic Children (POAC-NOVA) Parent Support Group meets on Saturdays occasionally. Contact: Brianne Russel-Morris administrator@poac-nova.org .

REACH Parent Support Group meets monthly to support parents of individuals with developmental disabilities who also have mental health or behavioral issues. Contact: Dr. Pourmand mojgan.pourmand@eastersealsucp.com

Translators

Translators comprise another vital part of our outreach efforts. We want every Mantua ES family to feel included and connected—should families need to have a document translated into their native language, our volunteers are here to help!

- للحصول على نسخة مترجمة للغة العربية، نرجو الإتصال بالأخت بدرية كفالة على هذا الإيميل: cbn@mantuapta.org. If you need to have a document translated into Arabic, please email cbn@mantuapta.org.
- Если вам необходимо перевести документ на русский язык, пожалуйста обращайтесь к Анне Жердецкой или Виктору Жердецкому по электронной почте: cbn@mantuapta.org или cbn@mantuapta.org.
- 혹시 한국어로 번역된 자료가 필요하시면 좌승관씨에게 연락주세요 (cbn@mantuapta.org.) If you need to have a document translated into Korean, please contact Kristina Clarke.
- Para obtener una copia en Espanol favor de contactar a Kristina Clarke at cbn@mantuapta.org. If you need to have a document translated into Spanish, please contact Kristina Clarke.

Email Kristina Clarke at cbn@mantuapta.org if you have any questions or would like to volunteer as an ambassador or translator with Mantua ES's Community Building Network.

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