

October 17, 2016 | Issue no. 7

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> Mantua Attendance: 703-645-6363 email

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### **Important Upcoming Dates**

October 17-21: Spirit Week and Custodian Appreciation Week October 19: Camp Highroad 2016, 5th Grade, 6 p.m., Mantua Library

October 19: Parent Education Webinars from GMU

October 20: Thursday, Dress to Impress: It's **Picture Day** October 21: Friday, Fun Run Friday, ALL Mantua students

will receive their Run for Rocky t-shirts today.

October 21: PTA Family Pokemon Fun Pokemon Night, 7-9 p.m., Mantua ES Cafeteria.

October 22: Woodson High School Fall Festival, noon -3:00p.m.

#### **Deadlines**

October 20: Youth Mental Health First Aid Training, Registration Deadline.

October 20: Deadline, Mantua Elementary Directory Opt Out.

October 21: PTA Spirit Wear, order due.

October 26: Deadline, Box-Top.

### Spirit Week- October 17-21

October 17: Manic Monday: Teachers dress like students, and students dress like teachers.

October 18: Star Wars Tuesday: Dress like your favorite Star Wars character (Jedis are required to leave all light sabers at home please!)

October 19: Wacky Wednesday: Wear wacky socks - and anything else wacky you might have

October 20: Thursday, Dress to Impress: It's Picture Day. October 21: Friday, Fun Run Friday, ALL Mantua students will receive their Run for Rocky t-shirts today

#### Raising Funds for Rocky Is Easy

Have your sponsors (friends, family & neighbors) visit the Mantua PTA website and sponsor right from there at <a href="https://www.mantuapta.org">www.mantuapta.org</a> or click <a href="https://www.mantuapta.org">HERE</a> to pay by cash or check with a Paper Form or donate online at: <a href="http://bit.ly/2dph26k">http://bit.ly/2dph26k</a>. In addition to getting a cool Run for Rocky t-shirt (Sponsored by: Cathy Poungmalai, Frankly Real Estate), students who participate will earn Thank You gifts (for every \$20 increment, while supplies last) and could be entered to win:

#### **Great Raffle Prizes**

- 2-Night stay at Great Wolf Lodge Donated by Judy Wonus, Remax Allegiance
- X-Box One Donated by: THIS COULD BE YOU/or your business?!!!
- iPad Mini Anne and Sarah Harrington, Long & Foster Realtors
- Nintendo 3DS XL- Donated by Merrifield Orthodontics
- Slack Line, Play Line Donated by: THIS COULD BE YOU/or your business?!!!

There are many ways to win these and even MORE great prizes along the way. Please check Tuesday folders for the Run for Rocky flyer, or go to <a href="www.mantuapta.org">www.mantuapta.org</a> and click on the Run for Rocky link for more information. Questions, email Chanda McCarthy at <a href="mailto:fundraising@mantuapta.org">fundraising@mantuapta.org</a>.

### Camp Highroad

Mantua Elementary and the 5th grade staff would like to welcome all interested 5th grade parents to the Camp Highroad Parent Information Night **October 19**, **6 p.m.** in the Mantua Library. Camp Highroad staff will be in attendance to show and share some information about the Camp itself and what adventures await our 5th graders! Teachers and administration will be there as well. Bring questions, and we hope to see you there!

#### Parent Education Webinar

Upcoming George Mason University Parent Webinars: Anxiety and Parenting: Taking Care of Yourself!, cost \$20, **October 19**, 8:30-9:30 p.m. We live in an anxiety-inducing world and parenting, by its nature, can be one of the biggest catalysts for stress and anxiety. Join us as we explore strengths and challenges; and offer tools and strategies for cultivating calm in the midst of our hectic lives. Register <a href="http://bit.ly/2dvqBp9">http://bit.ly/2dvqBp9</a>.

# Youth Mental Health First Aid Training

Register Now for the first PTA Parent Education opportunity of the year. Seats are going fast. We are offering the 8-hour Youth Mental Health First Aid (YMHFA) training, open to all Mantua Parents and Staff. The training will be conducted in two sessions - Wednesday, November 9 and Tuesday, November 15 from 5:30-9:30. You must attend both sessions, which are free for participants and dinner will be provided! YMHFA introduces participants to risk factors and warning signs of mental health problems in youth and provides strategies for dealing with children who may be experiencing difficulties. See additional information in the Tuesday folder. Space is limited, sign up by **October 20**. Questions, email Kathy Phillips at <u>kathyphysics@hotmail.com</u>, 703-573-0146. For information about the curriculum of YMHFA, contact Mantua Social Worker, Laura Thieman at lkthieman@fcps.edu.

### PTA Family Fun Pokemon Night

Bring your Pokemon and other trading cards to the Mantua ES's <u>Annual Trading Card Night</u>, **Friday**, **October 21**, 7:00 - 9:00 p.m. when students can play games and even exchange cards with friends. The Pokemon Professor will be on hand to coach newcomers through the games. This event is FREE but children must be accompanied by an adult.

#### Manta ES Spirit Wear for Sale

Last call for spirit wear orders. The deadline is this **Friday**, **October 21st**. To order use the form that came home in your child's Tuesday folder. Please return it with payment to the PTA mailbox by Friday. To order online go to <a href="mailto:shop.burkesports.com">shop.burkesports.com</a> and enter Mantua in the group code. All orders will be delivered by Friday, November 18. Questions, email Kathleen DeCarlo at <a href="mailto:kdecarlo@verizon.net">kdecarlo@verizon.net</a>. Show your spirit and order today. The next sale will be in September 2017.

#### Woodson H.S. Fall Festival

Woodson High School's Fall Festival is this Saturday, **October 22**, noon - 3:00 p.m. on the Woodson Outdoor Basketball Courts (outside door 7 on the side of the school). Come enjoy a fun day filled with costume contests, pumpkin

painting, games and crafts, moon bounce, and much more! This event is run by Woodson students but geared to younger students. Admission is FREE!

### **Box Top Contest**

The Box Top contest is on! The classroom turning in the most Box Tops by **Wendesday**, **October 26** will win a pizza party! Pink Box Tops can be found on participating products like General Mills cereal, Betty Crocker baking mixes, Ziploc and Hefty bags, Scott paper products, and more. Clip the Box Tops and attach them to a collection sheet or send them to school with your child in a Ziploc bag. Be sure to label them with your child's name and the name of his/her teacher. Box Tops can be given to their teacher, or placed in the Box Tops box in the school foyer. Need more fun and more opportunities to earn Box Tops? Check out the Box Top website at <a href="www.btfe.com">www.btfe.com</a>, and YOU could win 5,000 Box Tops for Mantua! Questions, email Amber Reynolds at <a href="mailto:aarmagost@hotmail.com">aarmagost@hotmail.com</a>.

#### Reflections Program - Art Contest

Calling all students! Show your creativity by submitting an entry in any of the following categories: music composition, dance choreography, film production, literature, photography, and visual arts in the National PTA's Reflections Program. This year's theme: What's Your Story? deadline for to submit your artwork is **November 1**. Questions, email Dorothy Brady at <a href="mailto:jimanddot@cox.net">jimanddot@cox.net</a> to coordinate drop off of your child's entry and paperwork. For more on entry requirements, go to <a href="mailto:www.vapta.org/arts-and-education/reflections">www.vapta.org/arts-and-education/reflections</a>
Student Entry Form: <a href="http://www.vapta.org/documents/arts-in-education/16-17-reflections/515-16-17-student-entry-form-fillable-pdf">http://www.vapta.org/documents/arts-in-education/16-17-reflections/515-16-17-student-entry-form-fillable-pdf</a>

View sample artwork from previous years: <a href="http://www.vapta.org/arts-and-education/reflections-">http://www.vapta.org/arts-and-education/reflections-</a>

gallery

#### Yearbook Sale

Yearbooks are on sale now at the best prices of the school year! For \$25 you buy your child a lifetime of memories from Mantua! Order today at the <u>following link</u>! Deadline to buy is **November 1**.

# Last Chance to Opt Out of the Manuta Directory

Please follow the directions below if you DO NOT want your contact information to appear in the Mantua PTA Student Directory. The information you provided to the school upon registration of your child(ren) will be used to create our directory. Deadline is **October 20**, **2016**. Use this form <a href="http://bit.ly/2c2u9IQ">http://bit.ly/2c2u9IQ</a> to opt out. Questions, email Lisa Libby <a href="memberplanet@mantuapta.org">memberplanet@mantuapta.org</a>.

### **Bus Delay Notification System**

Beginning September 6 parents may access the system <u>here</u> or use the FCPS Mobile App to receive the delayed bus report. Morning route information will be available until noon. The afternoon route information will be available from 1-5 p.m.

# Receiving or Unsubscribing from the Alert News

Mantua PTA distributes paper copies of the Alert News to all families for the first month of school only. If you aren't receiving your copy by email, complete this form: <a href="http://bit.ly/2cPDrOA">http://bit.ly/2cPDrOA</a> to be added to the distribution list. If you do not have a valid email address access to a computer, you will continue to receive the newsletter in each week's Tuesday Folder.

To unsubscribe from the Alert News list click on the word "unsubscribe" at the very bottom of this newsletter. Thank you for your assistance!

# Raise Money for School by Using Amazon

No sign-ups or codes - just use a different link to get to Amazon from the Mantua PTA website click <a href="http://amzn.to/2dseu82">http://amzn.to/2dseu82</a> bookmark the link, shop and a percentage of your purchase will go to the school. Another way to access the fundraiser is to go to the Mantua PTA website at <a href="http://www.mantuapta.org">http://www.mantuapta.org</a> click on **Fundraising Efforts** and click either Amazon.com or 4ourschool. A flier about this was included in the Tuesday folder.

# Virginia PTA Proposed Legislative Program

PTA members, let your voice be heard! The Virginia PTA's 2017 Proposed Legislative Program gives our local PTA unit a chance to vote on various legislative action items and policy

statements. Your vote helps inform the Virginia PTA's policies and actions taken before the Virginia General Assembly, Virginia Board of Education, and other agencies. You can read more about the VA PTA legislative program at <a href="http://www.vapta.org/advocacy/legislation-programs">http://www.vapta.org/advocacy/legislation-programs</a> vote using the SurveyMonkey link <a href="https://www.surveymonkey.com/r/2CXQPLS">https://www.surveymonkey.com/r/2CXQPLS</a>. The vote is open to PTA members only and ends October 26.

#### School-Wide Volunteers Needed

Volunteers are needed in many areas outside of your child's classroom. You can give as little or as much time as you wish. Our volunteers make Mantua Elementary a very special school and all of our children benefit from any amount of time you can give! Sign up at <a href="www.MantuaPTA.org">www.MantuaPTA.org</a> or contact Volunteer Coordinator Julie Johnston.

#### **Translators**

Translators comprise another vital part of our outreach efforts. We want every Mantua ES family to feel included and connected—should families need to have a document translated into their native language, our volunteers are here to help!

- للحصول على نسخة مترجمة للغة العربية، نرجو الإتصال بالأخت بدرية فللمسخة مترجمة للغة العربية، نرجو الإتصال بالأخت بدرية في bkafala@gmail.com. If you need to have a document translated into Arabic, please email bkafala@gmail.com.
- Если вам необходимо перевести документ на русский язык, пожалуйста обращайтесь к Анне Жердецкой или Виктору Жердецкому по электронной почте: hannaz74@gmail.com или ViktarZ@gmail.com. If you need to have a document translated into Russian, please contact Hanna Zhardzetskaya and Viktar Zhardzetski. 혹시 한국어로 번역된 자료가 필요하시면 좌승관씨에게 연락주세요(lisa.a.libby@gmail.com.) If you need to have a document translated into Korean, please contact Lisa Libby.
- Para obtener una copia en Espanol favor de contactar a Lisa Libby at <a href="mailto:lisa.a.libby@gmail.com">lisa.a.libby@gmail.com</a>. If you need to have a document translated into Spanish, please contact Lisa Libby.

Email Lisa Libby at <u>lisa.a.libby@gmail.com</u> if you have any questions or would like to volunteer as an ambassador or translator with Mantua ES's Community Building Network.

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