

We only use cookies that are necessary for this site to function, and to provide you with the best experience. Learn more in our [Cookie Statement](#). By continuing to use this site, you consent to the use of cookies.



?

Receive Updates



# Mantua PTA News 2019, Issue 28

Fairfax County Public Schools sent this bulletin at 03/30/2020 06:55 PM EDT

Having trouble viewing this email? [View it as a Web page.](#)



# MANTUA PTA NEWS

March 29, 2020 | Issue 28

## Message from the PTA Board

Mantua parents,

We hope this message finds your families healthy and adjusting to our new situations! As the PTA, we are here to support our community and our school in any ways that we can. Below you will find resources and avenues to do just that, as well as answers to some frequently asked questions. The one thing we can all do right now is follow the current guidelines for keeping our community healthy, which begins with social distancing. Please reach out to us if you have additional questions, needs, or concerns. We are here to help! Mantua is a strong school community and we will weather this together.

Thinking of each one of you during this time, your PTA Board



## FOOD DELIVERY TO MANTUA ES FAMILIES

Our Parent Liaison at Mantua, Luis Uribe Gamboa, is delivering needed items to our Mantua ES families requesting assistance. Families that wish to donate items can either drop items or have them delivered to Lisa Libby's house to be stored prior to delivery. Lisa Libby, 9303 Christopher St, Fairfax, VA 22031. You can coordinate directly with Lisa at 571-217-7856. Thank you for supporting our community!

## SPRING ENRICHMENT

If you had registered your child for a spring enrichment class, you should have already received an email from Enrichment Matters with information about refund options. If you have not received an email, please contact us at [enrichment@MantuaPTA.org](mailto:enrichment@MantuaPTA.org).



(This email supposedly went out today from EM)

## Yearbook Update

We will still have a yearbook for this year but we NEED your help! Please send your school related photos to Jane Dunfee ([pjdunfee@fcps.edu](mailto:pjdunfee@fcps.edu)) as soon as you can to be included in the yearbook.

- Need pictures of patrols with their belts on.
- Need pictures of Boy Scout Troops.

## Yearbooks for Sale

You can go to the Mantua ES school web site and order. We are only taking online orders.

<https://mantuaes.fcps.edu/announcements/mantua-yearbooks-are-now-sale>

## **Mantua Elementary Yearbook 2019-2020**

**1st Book Price \$25.00**

**1st Book Price Online Ordering Deadline Until May 1st, 2020**

**2nd Book Price \$28.00**

**2nd Book Price Online Ordering Deadline Until June 1st, 2020**

Order your yearbook today by going to [www.scherlingschoolpics.com](http://www.scherlingschoolpics.com) and using the Online Code **FM111880**

### **PTA Meetings**

Based on recent changes to a VA non-profit law, we are now allowed to not only hold meetings but vote by video conference call. Stay tuned for information about our next “virtual” PTA meeting!

### **Raise Funds for Mantua ES by Linking Your Rewards Card**

It's time to re-link your Harris Teeter VIC cards to Mantua!

This is a really easy fundraiser- once you link your card to our school you'll be helping to raise money every time you shop. And even better? We'll do the work for you! Go

to <https://www.memberplanet.com/s/mantuaelementaryschoolpta/vic> to fill in your VIC card information and we'll do the rest!

Encourage friends & family to do the same!

### **Parent Information Relating to Special Education**

All these opportunities are FREE unless noted. In most cases you must register if registration information is provided.

*When other events become available they will be posted at:*

<https://fairfaxcountysepta.org/upcoming-community-events/>

Variety of Recorded Webinars on Adoption-Related Topics — April 1- April 30

Topics range from emotional regulation, to supporting children with FASD, to dealing with loss and grief. View 48 hours. *FREE* with Coupon: *HOME* at checkout.

Information: <https://store.adoptionsupport.org/webinars/in-demand-webinars>

When You and Your Child Have ADHD— Communication Skills to Resolve Conflict Fri. April 3, 2:30-3:30 pm *Webinar*

Learn to communicate effectively and resolve conflict with your child with ADHD. Register: <https://chadd.org/ask-the-expert/>

Too Much Screen Time? Practical Tips for Parents — *Online Chat*

Mon. Apr. 6, noon-1 pm

Learn practical tips to manage your child's screen time, and learn a little about children's current online fads.

Info: <https://www.understood.org/en/community-events/experts-live-chats-webinars?>

Medicating Your Child with ADHD: How to Manage the Feelings of Guilt

Wed. April 15, 1-2 pm *Webinar with recorded option*

Learn about the role of medication in treatment, myths about ADHD medications, and helpful ways to talk with yourself and others (including your children).

Register: <https://www.additudemag.com/webinar/medicating-children/?>

Supported Decision Making in Healthcare and Life Planning

Thu. Apr. 16, noon–1:00 pm, — *Webinar with recorded option*

Learn how to use Supported Decision Making for individuals with developmental disabilities for various types of healthcare, as well as in planning for aging.

Register: <https://thearcofnova.org/programs/info-referral/workshop-series-sdm/>

## How to Manage Meltdowns — *Webinar*

Thu. Apr. 23, noon-1 pm

Learn strategies for managing your child's meltdowns or emotional outbursts, and ask your questions about how to help your child self-regulate.

Info: <https://www.understood.org/en/community-events/experts-live-chats-webinars/2020/april/23/how-to-manage-meltdowns>

## Would My Child Benefit from Medication? — *Webinar with Extended Access*

Thu. Apr. 23, 1:00-2:30 pm, Access Recording: Apr. 23 - May 23

Learn what you should consider and the questions you should ask of treatment providers when making decisions about use of medication for a child

Register: <https://store.adoptionsupport.org/product/SYF-0423/apr-syf-webinar-would-my-child-benefit-from-medication>. \$0-\$15. Free with coupon code.

## Support Groups for Parents

Alpha Moms This support group for adoptive parents meets monthly in McLean. Contact: [robin4brady@gmail.com](mailto:robin4brady@gmail.com)

Autism Dads meets one evening monthly in Falls Church. Contact: George Buzby at 571-419-1257 or [gbuzby@aol.com](mailto:gbuzby@aol.com)

CHADD: Children & Adults with Attention Deficit/Hyperactivity Disorder

- Alexandria CHADD Parent Support Group 4th Mon. of each month at 6:30 pm. Contact: Jenny [ADHDParentMountVernon@gmail.com](mailto:ADHDParentMountVernon@gmail.com) or call 703-472-4678.
- Burke CHADD Support Group for Parents, Caregivers and Family Members Last Thursday of the month at 7:00 pm. Contact Kim Griffin: [kimberlygriffin@yahoo.com](mailto:kimberlygriffin@yahoo.com)
- West Fairfax CHADD *Evening* Parent Support Group 3rd Thur. of each month at 7:30 pm Contact: Sharon [clintob@aol.com](mailto:clintob@aol.com) or 703-716-4646.
- West Fairfax CHADD *Morning* Parent Support Group 1st Tues. of each

month at 10:30 am Contact: Sharon [clintob@aol.com](mailto:clintob@aol.com) or 703-716-4646.

CSB Family Support Group at Gatlan Center 2nd and 4th Wed. of each month 6-8 pm in Alexandria Contact: [Samar.Chwairy@fairfaxcounty.gov](mailto:Samar.Chwairy@fairfaxcounty.gov) or call 703-799-2882.

D.A.D.S. Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm in Alexandria. Contact: George [gbuzby@aol.com](mailto:gbuzby@aol.com) or call 703- 545-6089.

Fairfax Juvenile Court Parent Support Group for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. 7:30 pm every Tues. Room 201.1 Fairfax County Courthouse – call 703-246-2495.

Kinship Caregivers Support Group 2nd & 4th Thur. monthly, 6:30-8:00 pm, South County Gov. Ctr. Rm. 220, 8350 Richmond Hgwy, Alexandria. Free dinner and resources. Register 1 week ahead: [KFI@fairfaxcounty.gov](mailto:KFI@fairfaxcounty.gov) or 703-246-4653

Kinship Café – meets monthly on the 2nd Wed. in Fairfax. Free dinner. Activities for children and discussion for adults. Register 1 week ahead by calling 703-246-4653 or online at <https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27>

NAMI: National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Naomi 703-862-9588 [verdugo.naomi@gmail.com](mailto:verdugo.naomi@gmail.com)

Northern Virginia Tourette Support Group meets the 2nd Sunday of each month at noon at the Chantilly Public Library. Contact: [mark.bramer@gmail.com](mailto:mark.bramer@gmail.com)

OCD Family Support Group 1st Monday of each month 7:30 pm. Contact: [familygroupocd@varizon.net](mailto:familygroupocd@varizon.net) or call 202-215-5859

Parents of Autistic Children (POAC) meeting times and location posted at: <https://poac-nova.org/events/>

---

## How to Submit an Announcement to the PTA News

Please complete this form to have a Mantua ES- or Mantua PTA-related announcement placed in the weekly Mantua PTA News, on our Facebook page and/or on MantuaPTA.org.



The form guides you through all the pieces of information we need to put out complete announcements.

---

9107 Horner Court, Fairfax, VA 22031 | Main Office: 703-645-6300

Attendance: 703-645-6363 | Web | PTA Web | Twitter

[Submit an Announcement](#)

---

Update your subscriptions, modify your password or email address, or stop subscriptions at any time on your [Subscriber Preferences Page](#). You will need to use your email address to log in. If you have questions or problems with the subscription service, please visit [subscriberhelp.govdelivery.com](http://subscriberhelp.govdelivery.com).

You are subscribed to receive messages from **Mantua ES PTA** | [Unsubscribe](#)

Powered by



[Privacy Policy](#) | [Cookie Statement](#) | [Help](#)