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Mantua PTA News 2019, Issue 29

Fairfax County Public Schools sent this bulletin at 04/07/2020 02:00 PM EDT

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MANTUA PTA NEWS

April 7, 2020 | Issue 29

FOOD DELIVERY TO MANTUA ES FAMILIES

Our Parent Liaison at Mantua, Luis Uribe Gamboa, is delivering needed items



to our Mantua ES families requesting assistance. Families that wish to donate items can either drop items or have them delivered to Lisa Libby's house to be stored prior to delivery. Lisa Libby, 9303 Christopher St, Fairfax, VA 22031. You can coordinate directly with Lisa at 571-217-7856.

Thank you for supporting our community!

SPRING ENRICHMENT

If you had registered your child for a spring enrichment class, you should have already received an email from Enrichment Matters with information about refund options. If you have not received an email, please contact us at enrichment@MantuaPTA.org.



MONTHLY SPIRITWEAR COUPON FOR April, 2020

10% OFF

COLORBLOCK Cosmic HOODIE
(Items 8618, 8612)
Coupon Code: **APR20P**

Online purchases only. Cannot be combined with any other offer.
Valid: 04/01/20 - 04/30/20

Visit our Spiritwear Store the entire month of April to take advantage of this coupon!

Yearbook Update

We will still have a yearbook for this year but we NEED your help! Please send your school related photos to Jane Dunfee (pjdunfee@fcps.edu) as soon as you can to be included in the yearbook.

- Need pictures of patrols with their belts on.
- Need pictures of Boy Scout Troops.

Yearbooks for Sale

You can go to the Mantua ES school web site and order. We are only taking online orders.

<https://mantuaes.fcps.edu/announcements/mantua-yearbooks-are-now-sale>

Mantua Elementary Yearbook

2019-2020

1st Book Price \$25.00

1st Book Price Online Ordering Deadline Until May 1st, 2020

2nd Book Price \$28.00

2nd Book Price Online Ordering Deadline Until June 1st, 2020

Order your yearbook today by going to www.scherlingschoolpics.com and using the Online Code FM11880

PTA Meetings

Based on recent changes to a VA non-profit law, we are now allowed to not only hold meetings but vote by video conference call. Stay tuned for information about our next “virtual” PTA meeting!

Raise Funds for Mantua ES by Linking Your Rewards Card

It's time to re-link your Harris Teeter VIC cards to Mantua!

This is a really easy fundraiser- once you link your card to our school you'll be helping to raise money every time you shop. And even better? We'll do the work for you! Go

to <https://www.memberplanet.com/s/mantuaelementaryschoolpta/vic> to fill in your VIC card information and we'll do the rest!

Encourage friends & family to do the same!

Parent Information Relating to Special Education

All these opportunities are FREE unless noted. In most cases you must register if registration information is provided.

When other events become available they will be posted at:

<https://fairfaxcountysepta.org/upcoming-community-events/>

Variety of Recorded Webinars on Adoption-Related Topics — *April 1- April 30*
Topics range from emotional regulation, to supporting children with FASD, to dealing with loss and grief. View 48 hours. *FREE* with Coupon: *HOME* at checkout.

Information: <https://store.adoptionsupport.org/webinars/in-demand-webinars>

When You and Your Child Have ADHD— Communication Skills to Resolve Conflict Fri. April 3, 2:30-3:30 pm *Webinar*

Learn to communicate effectively and resolve conflict with your child with ADHD. Register: <https://chadd.org/ask-the-expert/>

Too Much Screen Time? Practical Tips for Parents — *Online Chat*

Mon. Apr. 6, noon-1 pm

Learn practical tips to manage your child's screen time, and learn a little about children's current online fads.

Info: <https://www.understood.org/en/community-events/experts-live-chats-webinars?>

Medicating Your Child with ADHD: How to Manage the Feelings of Guilt

Wed. April 15, 1-2 pm *Webinar with recorded option*

Learn about the role of medication in treatment, myths about ADHD medications, and helpful ways to talk with yourself and others (including your children).

Register: <https://www.additudemag.com/webinar/medicating-children/?>

Supported Decision Making in Healthcare and Life Planning

Thu. Apr. 16, noon–1:00 pm, — *Webinar with recorded option*

Learn how to use Supported Decision Making for individuals with developmental disabilities for various types of healthcare, as well as in planning for aging.

Register: <https://thearcofnova.org/programs/info-referral/workshop-series-sdm/>

How to Manage Meltdowns — *Webinar*

Thu. Apr. 23, noon-1 pm

Learn strategies for managing your child's meltdowns or emotional outbursts, and ask your questions about how to help your child self-regulate.

Info: <https://www.understood.org/en/community-events/experts-live-chats-webinars/2020/april/23/how-to-manage-meltdowns>

Would My Child Benefit from Medication? — *Webinar with Extended Access*

Thu. Apr. 23, 1:00-2:30 pm, Access Recording: Apr. 23 - May 23

Learn what you should consider and the questions you should ask of treatment providers when making decisions about use of medication for a child

Register: <https://store.adoptionsupport.org/product/SYF-0423/apr-syf-webinar-would-my-child-benefit-from-medication>. \$0-\$15. Free with coupon code.

Support Groups for Parents

Alpha Moms This support group for adoptive parents meets monthly in McLean. Contact: robin4brady@gmail.com

Autism Dads meets one evening monthly in Falls Church. Contact: George Buzby at 571-419-1257 or gbuzby@aol.com

CHADD: Children & Adults with Attention Deficit/Hyperactivity Disorder

- Alexandria CHADD Parent Support Group 4th Mon. of each month at 6:30 pm. Contact: Jenny ADHDParentMountVernon@gmail.com or call 703-472-4678.

- Burke CHADD Support Group for Parents, Caregivers and Family Members Last Thursday of the month at 7:00 pm. Contact Kim Griffin: kimberlygriffin@yahoo.com
- West Fairfax CHADD *Evening* Parent Support Group 3rd Thur. of each month at 7:30 pm Contact: Sharon clintob@aol.com or 703-716-4646.
- West Fairfax CHADD *Morning* Parent Support Group 1st Tues. of each month at 10:30 am Contact: Sharon clintob@aol.com or 703-716-4646.

CSB Family Support Group at Gatlan Center 2nd and 4th Wed. of each month 6-8 pm in Alexandria Contact: Samar.Chwairy@fairfaxcounty.gov or call 703-799-2882.

D.A.D.S. Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm in Alexandria. Contact: George gbuzby@aol.com or call 703- 545-6089.

Fairfax Juvenile Court Parent Support Group for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. 7:30 pm every Tues. Room 201.1 Fairfax County Courthouse – call 703-246-2495.

Kinship Caregivers Support Group 2nd & 4th Thur. monthly, 6:30-8:00 pm, South County Gov. Ctr. Rm. 220, 8350 Richmond Hgwy, Alexandria. Free dinner and resources. Register 1 week ahead: KFI@fairfaxcounty.gov or 703-246-4653

Kinship Café – meets monthly on the 2nd Wed. in Fairfax. Free dinner. Activities for children and discussion for adults. Register 1 week ahead by calling 703-246-4653 or online at <https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27>

NAMI: National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Naomi 703-862-9588 verdugo.naomi@gmail.com

Northern Virginia Tourette Support Group meets the 2nd Sunday of each month at noon at the Chantilly Public Library. Contact: mark.bramer@gmail.com

OCD Family Support Group 1st Monday of each month 7:30 pm. Contact: familygroupocd@varizon.net or call 202-215-5859

Parents of Autistic Children (POAC) meeting times and location posted

at: <https://poac-nova.org/events/>

How to Submit an Announcement to the PTA News



Please complete this form to have a Mantua ES- or Mantua PTA-related announcement placed in the weekly Mantua PTA News, on our Facebook page and/or on MantuaPTA.org.

The form guides you through all the pieces of information we need to put out complete announcements.

9107 Horner Court, Fairfax, VA 22031 | Main Office: 703-645-6300

Attendance: 703-645-6363 | Web | PTA Web | Twitter

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