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Receive Updates



# Mantua PTA News 2019, Issue 34

Fairfax County Public Schools sent this bulletin at 05/12/2020 08:35 PM EDT

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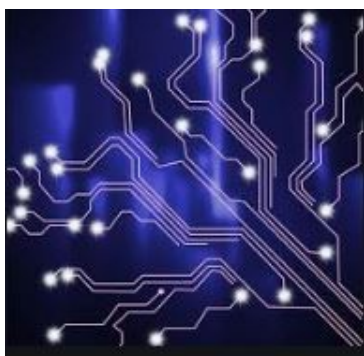
May 12, 2020 | Issue 34

**Congratulations to the 2020-2021  
Mantua PTA Board**

- President – Kristina Clarke
- VP Programs – Jen Ros
- VP Fundraising – Gretchen West
- Secretary – Kanan Gupta



Treasurer – Sophany Setliff



## Internet Access for Low Income FCPS Families

Cox Internet can provide free modem rental and free installation of internet for low-income, unconnected Fairfax County families. Households who meet income and other guidelines, can be granted this service free through July 15 (and then continued at a fixed rate of \$9.95/month for two years).

*This is unaffiliated with the MiFi distribution from FCPS.*

More information can be found and shared with families from this website:

<https://www.cox.com/residential/internet/connect2compete.html>

## Food Deliveries to Mantua ES Families

Our Parent Liaison at Mantua, Luis Uribe Gamboa, is delivering needed items to our Mantua ES families requesting assistance. Families that wish to donate items can either drop items or have them



delivered to Lisa Libby's house to be stored prior to delivery. Lisa Libby, 9303 Christopher St, Fairfax, VA 22031. You can coordinate directly with Lisa at 571-217-7856. Thank you for supporting our community!

## Yearbooks for Sale

You can go to the Mantua ES school web site and order. We are only taking online orders.

<https://mantuaes.fcps.edu/announcements/mantua-yearbooks-are-now-sale>

## Mantua Elementary Yearbook 2019-2020

**1st Book Price \$25.00**

1st Book Price Online Ordering Deadline Until May 1st, 2020

**2nd Book Price \$28.00**

2nd Book Price Online Ordering Deadline Until June 1st, 2020

Order your yearbook today by going to [www.scherlingschoolpics.com](http://www.scherlingschoolpics.com) and using the Online Code FM111880

## Raise Funds for Mantua ES by Linking Your Rewards Card

It's time to re-link your Harris Teeter VIC cards to Mantua!

This is a really easy fundraiser- once you link your card to our school you'll be helping to raise money every time you shop. And even better? We'll do the work for you! Go to <https://www.memberplanet.com/s/mantuaelementaryschoolpta/vic> to fill in your VIC card information and we'll do the rest!

Encourage friends & family to do the same!

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## Parent Information Relating to Special Education

All these opportunities are **FREE** unless noted.

In most cases **you must register** if registration information is provided.

*When other events become available they will be posted at:*

<https://fairfaxcountysepta.org/upcoming-community-events/>

Note that The FCPS **Parent Resource Center** is still **open**, and it continues to provide direct assistance to families, educators, and community members. The staff there can help you find answers and solve problems.

Email: [prc@fcps.edu](mailto:prc@fcps.edu) Phone: 703-204-3941

The Fairfax-Falls Church Community Service Board is providing free access to Web and mobil tools to support our resilience and well-being. Appropriate for ages 13-adult. Start here:

<https://files.constantcontact.com/bbee573c701/92633049-c14e-4509-8384-f426ebbbf7.pdf>

### **Dr. Dan's Support Group for Parents of Exceptional Kids**

Mondays 1-2 pm, starting May 4, Online

This new support group for parents of special needs children and youth will be facilitated by a behavioral pediatrician.

### **Motivating Responsible Behavior When Kids Are Home 24/7**

Fri. May 15, 10 am-noon, Webinar

Learn how to manage sibling relationships, and resistance to homework, while having children help with chores around the house.

Register: <https://www.fcps.edu/resources/family-engagement/parent-resource-center/register-free-workshops-parent-resource-center>

## **Business Networking Event for Special Needs Parents**

Fri. May 22, 9:30-10:30 am, Online

Connect with fellow special needs parents & business owners, while building your referral network. Meets every other Friday.

Information: <https://thearcofloudoun.org/networking/>

## **Managing Stress in Children**

Wed. May 27, 7:00 - 8:30 pm,

Learn the signs and symptoms of stress as well as techniques on how to engage in positive ways with your children to avoid stress at home and school.

Register: <https://www.theauburnschool.org/speakerseries>

## *Plan Ahead — Transition University — 5-session self-paced online course*

Sun. June 7, 8:00 pm - Monday, July 20, 4:00 pm

Parents/guardians of school-age children can learn how to navigate the transition process to prepare their children for the adult world.

Register: <https://www.eventbrite.com/e/summer-2020-transition-university-virtual-training-registration-80303508957>

## *Plan Ahead — An Individualized Approach to Raising Your Challenging Child —9 session course*

Tuesdays June 23-Aug. 25, Via Zoom

This program is to help parents identify the source of their child's challenging behavior and learn what they can do about it. For parents of children ages 3-12.

Register: <http://www.parentchildjourney.com/journey/> **\$ Cost varies.**

## **Support Groups**

All these support groups are open to newcomers, and they are free, except where noted. No diagnosis is required to participate. Participants are typically given the opportunity to share their story, experience support, and glean guidance (as desired) from group members regarding both community and school resources. Confidentiality is respected. Many, but not all, have switched to online format.

**Alpha Moms** This support group for adoptive parents meets monthly in McLean. Contact: [robin4brady@gmail.com](mailto:robin4brady@gmail.com)

**Autism Dads** meets one evening monthly in Falls Church. Contact: George Buzby at 571-419-1257 or [gbuzby@aol.com](mailto:gbuzby@aol.com)

**CHADD:** Children & Adults with Attention Deficit/Hyperactivity Disorder

- **Alexandria CHADD Parent Support Group** 4th Mon. of each month at 6:30 pm. Contact: Jenny [ADHDParentMountVernon@gmail.com](mailto:ADHDParentMountVernon@gmail.com) or call 703-472-4678.
- **Burke CHADD Support Group for Parents, Caregivers and Family Members** Last Thursday of the month at 7:00 pm. Contact Kim Griffin: [kimberlyrgriffin@yahoo.com](mailto:kimberlyrgriffin@yahoo.com)
- **Loudoun County CHADD Parent Support** 3rd Tue. morning of the month in Sterling. Contact: Bonnie Little 571-306-2932 or on Facebook [@loudounahdhsupport](https://www.facebook.com/loudounahdhsupport)
- **West Fairfax CHADD Evening Parent Support Group** 3rd Thur. of each month at 7:30 pm Contact: Sharon [clintob@aol.com](mailto:clintob@aol.com) or 703-716-4646.
- **West Fairfax CHADD Morning Parent Support Group** 1st Tues. of each month at 10:30 am Contact: Sharon [clintob@aol.com](mailto:clintob@aol.com) or 703-716-4646.
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**CSB Family Support Group at Gatlan Center** 2nd and 4th Wed. of each month 6-8 pm in Alexandria Contact: [Samar.Chwairy@fairfaxcounty.gov](mailto:Samar.Chwairy@fairfaxcounty.gov) or call 703-799-2882.

**D.A.D.S.** Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm in Alexandria. Contact: George [gbuzby@aol.com](mailto:gbuzby@aol.com) or call 703- 545-6089.

**Fairfax Juvenile Court Parent Support Group** for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. 7:30 pm every Tues. Room 201.1 Fairfax County Courthouse – call 703-246-2495.

**Kinship Caregivers Support Group** 2nd & 4th Thur. monthly, 6:30-8:00 pm, South County Gov. Ctr. Rm. 220, 8350 Richmond Hgwy, Alexandria. Free dinner and resources. Register 1 week ahead: [KFI@fairfaxcounty.gov](mailto:KFI@fairfaxcounty.gov) or 703-246-4653

**Kinship Café** – meets monthly on the 2nd Wed. in Fairfax. Free dinner. Activities for children and discussion for adults. Register 1 week ahead by calling 703-246-4653 or online at <https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27>

**NAMI:** National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Naomi 703-862-9588 [verdugo.naomi@gmail.com](mailto:verdugo.naomi@gmail.com)

**OCD Family Support Group** 1st Mon. of each month, 7:30 pm. Contact: [familygroupocd@verizon.net](mailto:familygroupocd@verizon.net) or call 202-215-5859.

**Northern Virginia Tourette Support Group** meets the 2nd Sunday of each month at noon at the Chantilly Public Library. Contact: [mark.bramer@gmail.com](mailto:mark.bramer@gmail.com)

**OCD Family Support Group** 1st Monday of each month 7:30 pm. Contact: [familygroupocd@varizon.net](mailto:familygroupocd@varizon.net) or call 202-215-5859

**Parents of Autistic Children (POAC)** meeting times and location posted at: <https://poac-nova.org/events/>

**Parents of Autistic Teens** meets the 2nd Sat. of each month in Oakton. Contact: Maria Dubuc 703-970-3676 or [Admin@ASNV.org](mailto:Admin@ASNV.org)

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## How to Submit an Announcement to the PTA News

Please [complete this form](#) to have a Mantua ES- or Mantua PTA-related announcement placed in the weekly Mantua PTA News, on our [Facebook page](#) and/or on [MantuaPTA.org](http://MantuaPTA.org).



The form guides you through all the pieces of information we need to put out complete announcements.

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9107 Horner Court, Fairfax, VA 22031 | Main Office: 703-645-6300

Attendance: 703-645-6363 | Web | PTA Web | Twitter

## Submit an Announcement

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