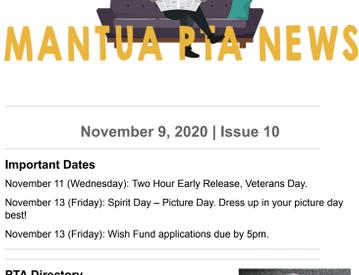


Mantua PTA News 2020, Issue 10 Fairfax County Public Schools sent this bulletin at 11/09/2020 06:00 PM EST



November 9, 2020 | Issue 10

Important Dates

- November 11 (Wednesday): Two Hour Early Release, Veterans Day.
November 13 (Friday): Spirit Day – Picture Day. Dress up in your picture day best!
November 13 (Friday): Wish Fund applications due by 5pm.

PTA Directory

PTA Members: The online directory is here! Look for an email this week with login instructions. We know there have been many inquiries about how to get in touch with other parents as we navigate our virtual school year - the online directory is a great resource to help you. If you aren't already a PTA member, you can still join and have access to the directory. Any questions, contact ptdirectory@mantuapta.org



The Book Fair is Coming November 17 We may not be able to enjoy the Thanksgiving luncheon together, but you can still browse the Mantua Book Fair and support the library! The book fair is virtual this year...

Mantua Raccoon Masks Available! You asked, we listened! Mantua Raccoon masks are now for sale in youth and adult sizes on our website.

Oct. 27th Return to School Parent Meeting with Principal Fernandez The presentation and recording for the meeting with Mrs. Fernandez held Oct. 27th, 2020.

Classes Through Enrichment Matters Enrichment Matters will be offering another set of 4-week online courses that begin November 16!

Outstanding Employee Awards Nominations Nominations are now open for 2020-2021 Outstanding Employee Awards! Use this Google form to submit a nomination for Mantua Outstanding Employee in the categories below.

Library Curbside Pick Up Curbside library pick up is now open! Click this link must be logged into an FCPS Google account in order to get information on curbside library pick up.

School Issued Laptop Help If you are experiencing difficulties with your child's school issued laptop, please remember to refer to the self-help page and ticketing service.

Calling for Ideas for the Wish Fund Do you have a great idea that will positively impact our school community? The generous support of Mantua ES families, community supporters, faculty, and staff enables us to operate the Mantua PTA Wish Fund, an internal grant-awarding program founded in 2014.

Parent Information Relating to Special Education All these opportunities are online and FREE unless noted. In most cases you must register if registration information is provided.

The FCPS Parent Resource Center Library now has a contact free procedure for lending their materials. prc@fcps.edu 703-204-3941

2020 Autism Hope Summit Fri., Nov. 13, 9 am-4 pm This conference will include a keynote, 3 concurrent sessions with 12 presentations, a resource fair and a closing Q&A panel of self-advocates.

Advanced Training in the Collaborative and Proactive Solutions Model Fri., Sat. Nov. 20-21, 9 am-4 pm. Online \$200 Direct teaching, interactive case studies, and CSA will provide an in-depth orientation to key themes, assessments and treatment facets of this model.

ADHD Anger, Tantrums, and Mood Shifts: Effective Treatments for Emotional Dysregulation Wed. Nov. 24, 1 pm. With replay link. Learn the causes of, and effective treatments for emotional dysregulation, a common and under-appreciated challenge for many children with ADHD.

Scholarships for Classes with Fairfax County Parks Children of families that receive public assistance (Medicaid, free school lunch, SNAP, TANF) are eligible to take one set of classes per quarter for a \$15 registration fee.

Wrightslaw Special Education Law and Advocacy Training Learn about special education law, rights and responsibilities; tests to measure progress and regression; SMART IEPs; and strategies for effective advocacy.

ADHD Support Groups All these support groups are typically new comers, most are online, and they are free, except where noted. No diagnosis is required to participate.

Alpha Moms This support group for adoptive parents meets monthly in McLean. Contact: rbin4brady@gmail.com

Autism Dads meets one evening monthly. Contact: George Buzby at 571-419-1257 or gbuzby@aol.com

Business Networking Event for Special Needs Parents Alternate Fridays, 9:00-10:30 am Via Zoom. Connect with fellow special needs parents and business owners, build your referral network, and share best practices.

CHADD: Children & Adults with Attention Deficit/Hyperactivity Disorder • Alexandria CHADD Parent Support Group 4th Mon. of each month at 6:30 pm.

CSB Family Support Group at Gatlan Center 2nd and 4th Wed. of each month 6:00-7:30 pm via Zoom Contact: Samar.Chauva@fairfaxcounty.gov or call 703-799-2882.

D.A.D.S. Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm via Zoom. Contact: George gbuzby@aol.com or call 703- 545-6089.

Dr. Dan's Support Group for Parents Raising Challenging Children meets via Zoom on Mondays, 1-2 pm. Register: http://survey.icsantiantcontact.com/survey/adZahZmzqkK8vdghmbAdL179kbgthnj1/qspatfona

Epilepsy Parent Support Group & Discussion Series meets monthly on the 4th Thursday, 7:00-8:30 pm. Register: https://epilepsyafdc.org/events/epilepsy-parent-support-groups-discussion-series-virtual/

Fairfax Juvenile Court Parent Support for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. Sign up for a phone consultation at https://www.signupgenius.com/gv/10cD444abab29ab185-juvenile

Family Recovery & Support Group meets weekly via Zoom on Mondays 6:30-7:30 pm for family and friends of those receiving CSB services for addictions. Contact: Natalie.Holmes@fairfaxcounty.gov www.fairfaxcounty.gov/community-services/boards/recovery/family-support-virtual-group

Grupo de Chat para Padres: Unete a nuestro nuevo GRUPO DE CHAT mediante la aplicación de WhatsApp y podras mantenerte al tanto de todo lo que PEATC Latino esta haciendo.

Heads Up and Talk It Out – Teen and Parent Recovery Groups These are concurrent virtual groups for teens (ages 14-17) who are working through emotional, mental health or substance use challenges and their parents every Thursday 6-7 pm.

NAMI: National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets via Zoom every month at 7:00-8:30 pm.

Parent Café (for all Fairfax County parents and guardians) meets via Zoom in Spanish on Mon., 7:45-9:15 pm. for African Americans on Thu. at 6:00-7:30 and en español, miércoles, 7:00-8:30 pm . Register at least 24 hours in advance via Eventbrite: https://www.eventbrite.com/fairfaxcounty

Parents of Autistic Children (POAC-NOVA) Parent Support group meets on Saturdays occasionally. Contact: Bianne Russel-Morris admin@poac-nova.org .

Parents of Autistic Teens meets some Sat. of each month. Contact: Maria Dubuc 703-970-3676 or Admin@ASN.V.org

Stronger Together meets alternate Tuesdays, 7-9 pm, starting Oct. 6. This peer support group is for parents, caregivers and guardians of youth ages 14 – 22. The youth meet separately at the same time, and both groups are facilitated by professionals.

LOOKING FOR WAYS TO SUPPORT MANTUA NEIGHBORS IN NEED? Please consider donating to the food drive started last spring by Lisa Little-Garcia, our fabulous Parent Liaison, who has provided the following list of items most needed: OIL • FLOUR • TORTILLA FLOUR (MASCA) • RICE DRY BEANS (NO CANO) • COFFEE • SUGAR PANCAKE MIX • PANCAKE SYRUP • CEREALS SNACKS • TOMATO SAUCE FOR PASTA • TUNA CRACKERS • MAC & CHEESE • PASTA CANNED TOMATOES • VEGETABLES • FRUIT BODY SOAP • TOOTH PASTE • TOOTHBRUSHES Please deliver food to 9214 Poizee Place and leave it in front of the garage (do not use the front porch). Dropoff is ongoing, so bring by anytime. Click the banner to email Kristina Clarke at president@mantuapta.org and Lisa Little-Garcia at liaison@mantuapta.org.